

Talking to Your Doctor

You've received the results of your Kailos test, but now what? It's time to talk with your doctor, your partner in achieving better health.

If that makes you anxious or uncomfortable, you're not alone. This guide is intended to help you get started.



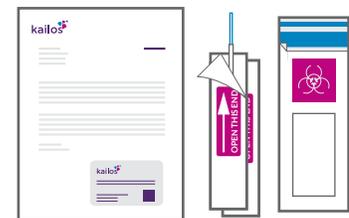
How To: What should I do now?



1. Set up an appointment with your doctor and explain why you want to meet.



2. Bring your Kailos personalized medicine ID card to your appointment to help the doctor retrieve your results.



NOTE: Your ID card was included in your test collection kit package.



3. Share your copy of the report with your doctor. He or she will be able to access a more detailed version online.



4. Explain to your doctor why you wanted to have the test done.



5. If your doctor doesn't remember approving the test or has questions, he or she can call a Kailos test consultant at 1-866-833-6865.



Why should I talk to my doctor?

If your Kailos test uncovers a serious medical risk, your doctor is the best person to discuss your options.

What if my doctor can't or won't discuss my results?

When you purchased the Kailos test, we contacted your doctor to get his or her approval. Since your report is available, your doctor approved the test or we worked with you to find another doctor.

But sometimes, even with approval, there are doctors that don't want to be involved with genetic testing, or who won't discuss it with a patient. If your doctor refuses to talk about your results, ask if he or she can refer you to a medical professional who can advise you.

Or, you can call us for help connecting with a knowledgeable physician. You can always call 1-866-833-6865 to speak with a Kailos test consultant.

Why trust the Kailos test?

The Kailos test is made by Kailos Genetics, a company dedicated to making gene-based healthcare available to YOU by using information learned from the Human Genome Project. Kailos believes that everyone should have fast, ethical, and affordable access to the information contained in their genes.

Our research and laboratory personnel use the latest technology to deliver accurate, targeted genetic information. We run a CLIA-certified genetic testing facility and employ licensed medical professionals—exactly what your doctor would look for if he or she ordered a genetic test.

You might ask your doctor to look at the legal notices section at the bottom of the physician report.

This section contains information required by the CDC. You can also bring this document to your appointment and share the information below with your doctor if he or she has questions about Kailos Genetics.

Kailos Genetics CLIA facility (CLIA#: 01D2016114)
601 Genome Way
Huntsville, AL 35806

CLIA Lab Manager & Supervisor:
Michele R. Erickson-Johnson, PhD, MB (ASCP) CM
Medical Director:
Ronald McGlennen, MD, FCAP, FACMG, ABMG

What should I look for in my results?

There are certain words and phrases that you and your physician should look for on your Kailos report, including: alternative, alternative treatment, careful monitoring, and adjustment to dosage. Pay special attention to those sections and discuss them with your doctor.

Remember that your Kailos report will not tell you everything about your genes. Your results apply only to the specific test you selected.

What should I do with the report after talking with my doctor?

Ask your physician to add your report to your medical record. That way you can be sure it becomes a part of your medical history.

Hold on to your Kailos personalized medicine ID card. It will allow you to share your results with other doctors you may have, now or in the future. Because your genes don't change, your results can be used by your doctor and care team for the rest of your life.



If Your Doctor Wants to Know More

The Kailos Genetics medical director would be happy to speak with your physician about the Kailos test and your results. Please call 1-866-833-6865.

